

**Serenity Cards for Business Owners**

*Directions: Stressed out?  
Overwhelmed? At wit's end? Seek the  
peace you need with a serenity card.  
Flip through them, find one that's  
appealing, take action, and bring  
harmonious balance back to your life.  
Serenity now... when you need it most.*



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*Call someone and let  
them know that you are  
thinking about them.*



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*Ask yourself:  
Am I considering all  
my options?*



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*Forgive someone... being  
angry uses lots of energy.*



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*Call someone... Go out  
to lunch, for coffee, or  
for a walk.*



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*Remember... what my life  
purpose is.*



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