

# Coaching Focus Areas

What would you like to work on?

## Personal Foci

- Financial Stress/Problems
- Personal Organization
- Happier/More Fulfilled
- Communication Skills
- Personal Evolution Track
- Relationship Problems
- Relationship Enhancement
- Life Purpose Clarification
- Salary/Income Increase
- Stress Reduction
- Personal Life Plan Design
- Blocks/Limits Removal
- Spiritual Development
- Time Management
- Internet/Cyber Skills
- Decision Making
- Adrenaline Reduction
- Motivation/Inspiration
- Structure/Support
- Finding Mr./Ms Right
- Problem Resolution
- Balance Improvement
- Career Change/Transition
- Career Advancement
- Goals Identification
- Setting Priorities
- Personal Foundation
- Values Clarification
- Needs Identification
- Needs Satisfaction
- Toleration Reduction
- Post-Recovery Track
- Self-Care Skills
- Truth Identification
- Family Communication

- Increase Awareness
- Personal Polish
- Creativity/Innovation Skills
- Legacy Identification
- Acceptance of Events
- Acceptance of Others
- Increase Learning Rate
- Stronger Boundaries
- Higher Standards
- Grace/Style Development
- Compassion/Empathy
- Reserves/Security Increase
- Confidence/The Edge
- Ease/Effortlessness
- Integrity Improvement
- Fear/Resistance Reduction
- Life Simplification
- Character Development
- Relating Skills
- Strengths Identification
- Passion Identification
- Peace/Harmony
- Selfishness/Pleasure
- Receptiveness/Flexibility
- Self-awareness
- Attraction Approach
- Bandwidth Expansion
- Life Makeover
- Personal Turnaround
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## Business Foci

- Revenue Growth
- Profit Growth
- Value Added for Customers
- Productivity/Effectiveness
- New Business Start Up
- Marketing Plan
- Internet Marketing
- Team/Collaboration
- Project Management
- Product Quality
- Negotiation Skills
- Professional Network
- Selling Skills Training
- Vision/Mission
- Internet/Cyber Skills
- Management Skills
- Reputation Development
- Employee Retention
- New Economy Orientation
- New Client Acquisition
- Leadership Skills
- Improve Staff Morale
- Improve Company Culture
- Improve Intangibles
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