

Evolutionary Progressions

100 3-STEP STEPS OF DEVELOPMENT (ORGANIZED BY FOCUS AREA)

What are these???

Evolutionary progressions are the next evolutionary progression of distinctions. Distinctions, as you probably know, are two generally synonymous words where one of the two is a bit more 'evolved' than the other, like power and strength, which strength being more evolved as a way of living than power is.

USING THESE PROGRESSIONS

You would share a progression from this list with a client who was in the middle of a transition, developmental process and/or evolution. For example, if you're working with a client who's a busy networker but doesn't seem to benefit financially from those efforts. You would want to introduce the following evolutionary progression:

Network > Community > Partnerships

They are obviously getting stuck at the networking stage.

1. PERFORMANCE

Dedication > Motivation > Inspiration
Do > Deliver > Accomplish
Efficiency > Productivity > Effectiveness
Goal > Objective > Outcome
Improve > Excel > Attain
Objective > Strategy > Execution
Organized > Systematized > Automated
Plan > Strategy > Model
Seduction > Promotion > Attraction
Underpromise > Satisfy > Overdeliver

2. LEARNING

Surrender > Endorse > Integrate
Accept > Integrate > Assimilate
Acquire Information > Feel > Learn
Awareness > Comprehension > Acceptance
Competence > Expertise > Mastery
Feel > Get > Know
Intellectual > Experiential > Cellular
Learning
Listen > Experience > Evolve
Information > Context > Understanding
Sensations > Language > Awareness

3. ONESELF

Boundaries > Standards > Safety
Capacity > Bandwidth > Flow
Confidence > Fearlessness > Edge
Ego > Humanity > Self
Honesty > Integrity > Wholeness
Morals > Ethics > Character
Obligation > Duty > Responsibility
Personality > Qualities > Character
Purpose > Role > Mission
Self-care > Selffulness > Selfishness

4. BEHAVIOR

Attention > Focus > Presence
Courageous > Shameless > Fearless
Compulsion > Need > Desire
Experiment > Innovate > Evolve
Power > Development > Strength
Recover > Restore > Strengthen
Style > Effortlessness > Grace
Vitality > Energy > Spirit
Preference > Compulsion > Addiction
Risk > Threat > Fear

5. RELATING

Attentive > Present > Responsive
Connect > Interact > Dance
Connect > Synthesize > Create
Honest > Genuine > Authentic
Interdependent > Interdevelopmental > Intermagical
Network > Community > Partnerships
Succumb > Surrender > Trust
Touching > Impactful > Profound
Trust > Compatibility > Bond
Empathy > Forgiveness > Compassion

6. COMMUNICATE & RELATE

Control > Manage > Coach
Help > Assist > Empower
Hint > Suggest > Request
Linear > Intuitive > Lazer Coaching
Suggest > Advise > Recommend
Support > Advise > Coach
Accurate > Informative > Constructive
Ask > Challenge > Inspire
Language > Connection > Communication
Listen > Hear > Get

7. TIME, SPACE & EVENTS

Cause > Effect > Chaos
Complex > Simple > Transparent
Forever > Eternity > Present
Synchronicity > Serendipity > Magic
Tangible > Intangible > Space
Time > Space > Vacuum
Increase > Critical Mass > Combustion
Ended > Finished > Complete
React > Respond > Overrespond
Relief > Freedom > Absence of

8. INFORMATION

Content > Context > Meaning
Facts > Truth > Understanding
Important > Key > Pivotal
Information > Knowledge > Expertise
Interpretation > Reality > Truth
Assess > Measure > Compare
Notion > Concept > Theory
Position > Perspective > Paradigm
Facts > Truths > Messages
Definition > Description > Distinction

9. PERSONAL DEVELOPMENT

Basic > Advanced > Meta
Believe in > Commit to > Stand For
Change > Shift > Evolve
Clean Sweep > Personal Foundation > Attraction
Condition > Sensitize > Experience
Improvement > Empowerment > Breakthrough
Innovate > Revolutionize > Reinvent
Awareness > Intelligence > Wisdom
Perspective > Context > Paradigm
Reinvention > Transformation > Evolution

10. BUSINESS

Capital > Investment > Return
Cash Flow > Profit > Dividends
CEO > Leader > Visionary
Company Traditions > Practices > Culture
Features > Benefits > Value
Genre > Niche > Specialty
Product > Brand > Franchise
Sell > Enroll > Attract
Trade > Business > Economy
Objectives > Business Plan > Budget

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