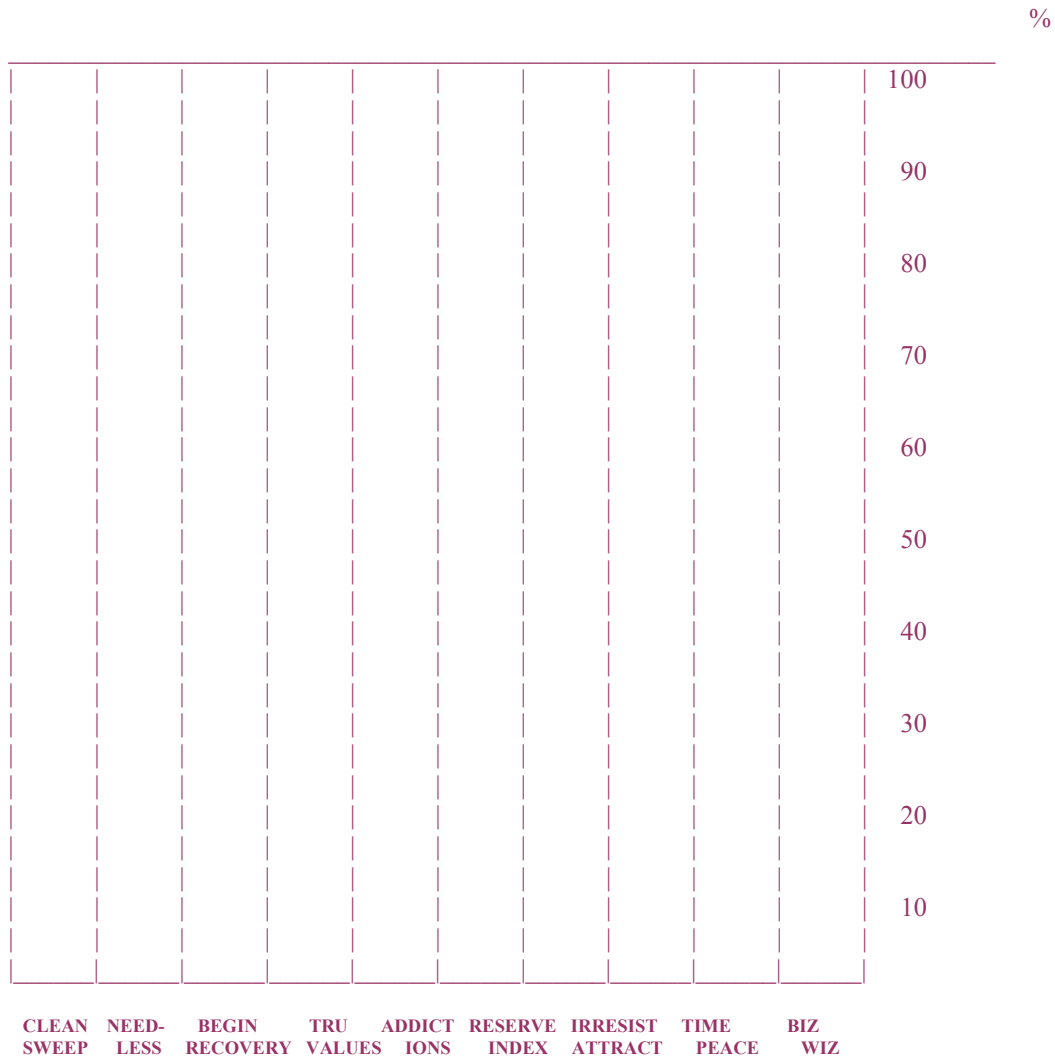


Comprehensive Assessment Chart

Score yourself in the assessment tests listed at the bottom of each bar, then fill in your current score for each. Add to the bar chart as you increase your points in each program. Update monthly. Track progress in 1 to 10 aspects of your life.

YOUR NAME _____



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